



Healthy Items @ Aztec Markets

Amanda Nazario, MS, RDN



High Protein Items

Protein Bars



Mush Protein Bar



Barbell Protein Bar



GoMacro Protein Bar



Clif Builder Protein Bar



Kind Protein Bar

High Protein Items

Nuts & Jerky



Jack Link's Beef Jerky



Chomps Beef Stick



Blue Diamond Almonds



Trail Mix



Roasted Pistachios



Roasted Peanuts

High Protein Items

Dairy Products



Lifeway Kefir



Chobani Protein Shake



Muscle Milk Protein Shake



Chobani
Greek
Yogurt



Oikos
Greek Yogurt



P3 Protein Pack

High Protein Items

Miscellaneous



Kodiak Protein Muffin



Babybel Cheese



Mush Overnight Oats



Clio Greek Yogurt Bar



Silk Dairy-Free Yogurt

Salty Snacks

Crackers, Chips, Pretzels, etc.



Kudo Protein Popcorn



Skinny Pop Popcorn



Caulipuffs



Pretzel Crisps



Harvest Snaps
Baked Peas



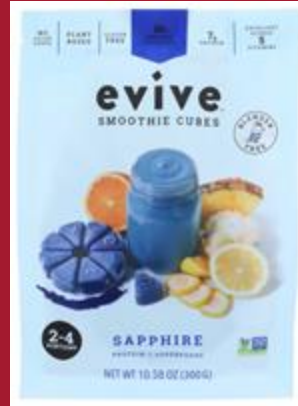
Honey Nut
Rice Cakes

Miscellaneous Snacks

Nutritious & Delicious



Chia Seed Pouches



Eville Smoothie Cubes



Hummus
Snack Pack



Fruit Leather



Applesauce Pouch



Chickpea Puffs

Schmeals

More Than A Snack, But Not A Meal



**Tuna & Crackers
Kit**



**Southwest Fusion
Lunch Bowl**



Tasty Bite Protein Bowl



**Wild Planet
Tuna Salads**



**Lemon & Thyme
Tuna**

Schmeals Part 2



**Quinoa & Pesto
Cups**



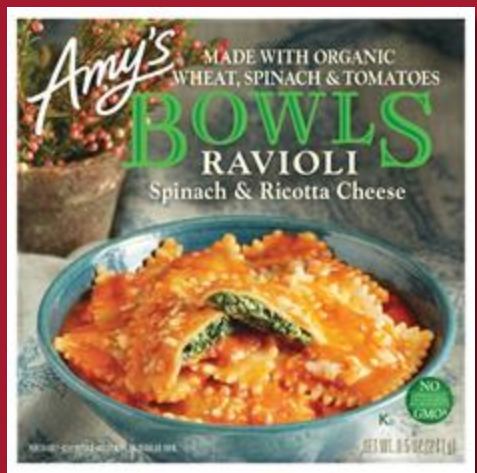
Goodles Mac N Cheese



Hillshire Charcuterie Pack

Frozen Meals

Part 1



Amy's Ravioli Bowl



**Saffron Road
Kung Pao Chicken**



**EVOL Fire Grilled
Steak Bowl**



**Saffron Road
Butter Chicken**



**Saffron Road
Chicken Tikka Masala**

Frozen Meals

Part 2



EVOL Mushroom & Cheese Ravioli



Purple Carrot Meatball Marinara



Gardein Be'f Bowl

Market Fresh Items



Hummus with Veggies



Grilled Vegetable & Hummus Wrap



White Bean & Kale Salad



**Pre-Cut
Fruit Cups**



Falafel Wrap



**Lemon Broccoli
Chicken Bowl**



**Chocolate & Banana
Overnight Oats**